

CLINICAL STAFF



Barry C. Barmann, Ph.D.
Mary B. Barmann, LMFT

Dr. Barmann, the Executive Director of the *Behavior Therapy & Family Counseling Clinic*, is a *Licensed Clinical Psychologist*, and *Vendor* for behavioral consultation services for Regional Center Consumers. He is also a Professor of Psychology at the California Lutheran University, where he teaches course work in the areas of advanced Applied Behavior Analysis and Behavioral Medicine. Dr. Barmann has presented and published over 100 research articles within the field of developmental disabilities and behavior analysis.

Mary Barmann, the Clinical Supervisor and Co-Executive Director of the *Behavior Therapy & Family Counseling Clinic*, is a Licensed Marriage, Family & Child Therapist. Within her private clinical practice, Mary specializes in behavioral and cognitive-behavioral therapy with children, adults and couples. She has worked extensively with Regional Center consumers who evidence a variety of behavioral challenges, and has written numerous behavioral interventions within the areas of anger/anxiety management training, social-interpersonal skills training, elimination disorders, elopement behaviors, and self-injury.

CLINIC LOCATIONS

The Clinic's main Corporate offices are located in Northern California (Lake Tahoe), as well as in the Southern California area (Westlake Village). In order to meet the daily needs of all our residential care homes, we have established satellite office locations in the Sacramento, Ventura and San Diego Counties.



BEHAVIOR THERAPY AND FAMILY COUNSELING CLINIC

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BEHAVIOR THERAPY & FAMILY COUNSELING CLINIC



*Large enough to serve
Residential Care Homes throughout
the State of California... Small
enough to meet your needs the day
you contact us*



A COMPLETE RANGE OF SERVICES
TO CHOOSE FROM:

PROGRAM DESIGN REQUIREMENTS

Thinking about opening up a new residential facility, but need help writing your Program Design? No problem. Our Clinic's Licensed Psychologist, and Regional Center Vendor for Behavioral Services, will help you to complete a Program Design, based upon the principles of normalization, which will include all of the necessary components as required by the Regional Center and Title 17. This Design will include areas such as the construction of a complete "A-B-C Functional Analysis" relevant to the behavioral challenges of your consumer population; a description of staff training methods; expected consumer outcomes; sample behavioral interventions; individualized data collection forms; as well as all other clinical needs consistent with your facility's service level.

CHILDREN'S RESIDENTIAL HOMES

If you are already licensed and vendored to provide Level 4 services for your consumers under 18 years of age, our Clinic can help you with a variety of needed consultation requirements. For example, our Clinicians will write all necessary reports such as a 30-Day Evaluation; a Person-Centered Behavioral Assessment & Treatment Plan; 1st Quarterly Review; Semi-Annual Review; 3rd Quarterly Review; an Annual Review; as well as other reports, upon request. All reports include consumer data which are gathered using the most reliable data collection procedures within the field of Applied Behavior Analysis. Our Clinicians will also model a variety of behavior-change strategies directed at the amelioration of various behavioral challenges evidenced in the developmentally disabled child population.

ADULT RESIDENTIAL HOMES

Behavioral consultation services provided for residential homes working with consumers between the ages of 18-59, include all of the report documentation requirements discussed within the "Children's Residential Home" section heading, as well as the development of behavior intervention programs designed to teach staff a variety of positive behavior-change strategies related to managing challenging behavioral disorders, in addition to teaching techniques necessary for helping their consumers to become more independent in initiating and completing a variety of independent living skills. Areas frequently targeted for behavior-change programs would include the following:

- Ψ *Elopement (AWOL)/High-Risk Behaviors;*
- Ψ *Substance Abuse;*
- Ψ *Social-Sexual Behaviors;*
- Ψ *Compliance to House Rules;*
- Ψ *Self-Injurious Behavior;*
- Ψ *Anger/Anxiety Management Training;*
- Ψ *Pica & Other Eating Disorders;*
- Ψ *Ruminative Vomiting Behavior;*
- Ψ *Sleep Disorders*

Innovative behavioral teaching strategies typically include: Videotaped Self-modeling; Behavior Rehearsal; Differential Reinforcement; Shaping Techniques; Incentive Programs; Re-direction Strategies; Relaxation Procedures; Cognitive-Behavior Therapy Techniques, Stimulus Control Procedures, etc.

ELDERLY RESIDENTIAL HOMES

Many of our consumers who are 60 years of age or greater, are in need of residential placement within a facility of trained professionals. Our Clinic has developed a comprehensive training program designed to work with both consumers and residential staff to ensure that quality treatment is being provided. More than 25 years of research studies have been incorporated for the purpose of developing state-of-the-art behavioral interventions for working with not only consumers within this age range, but more specifically, those consumers who evidence a clinical diagnosis of Dementia and/or Alzheimer's Disease; particularly those consumers who also present with a diagnosis of Down Syndrome. Our Clinic provides consultation concerning the proper techniques to manage behavioral challenges such as elopement (wandering), agitation, non-compliance concerning medical regimens, health-compromising behaviors, etc.; as well as helping each home to construct a therapeutic living environment to effectively treat emotional conditions such as disorientation, anxiety and depression.

ADDITIONAL SERVICES!!

As a client of our Clinic, each residential facility may also enjoy the benefit of the following services:

- ✂ *On-Site Consumer Psychological Testing;*
- ✂ *Access to our Clinic's Research Data Base;*
- ✂ *On-Site Staff In-Service Training;*
- ✂ *Web Site Development!! Our Clinic will be happy to develop a Web Site for your Residential Home; complete with a "video virtual tour" of your home, consumer schedules, etc. In fact, if desired, any consumer can have their own Web Page!*